



COMMONWEALTH of VIRGINIA

Department for the Aging

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Note: The web addresses (links) in this document may change over time. The Department for the Aging does not attempt to refresh the links once the week has passed. However, this document is maintained on the web for a period of time as a reference. Some links may require registration.

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COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen M. Nau

DATE: November 27, 2007

SUBJECT: Best Practice: Intergenerational Program at the New River Valley Agency on Aging

Participants at the New River Valley Agency on Aging congregate meal site at Pulaski Elementary School are giving back to their community. Site participants, who meet on Tuesdays and Thursdays, are beginning their second year of mentoring students at the elementary school. Eight site participants mentor third and fourth grade students for one hour. Their sessions are guided by a lesson plan developed by the mentoring program director. Session activities may include: reading, word and number puzzles, math problems, vocabulary words and skills. It has been demonstrated that students participating in the mentoring program have improved their school test scores by the end of the school year and passed the SOL tests.

Site members who serve as mentors have benefited in a multitude of indefinable ways. They have been challenged to contribute to educating the "citizens of tomorrow". The site participants enthusiastically embrace their duties and enjoy seeing the progress of the students. One elderly site participant who was depressed and morose has developed into one of the program's most enthusiastic and spirited mentors.

Thank you to Ms. Deidra Hale, Care Coordinator at New River Valley Agency on Aging for providing the information on this best practice. If you would like more information on the mentoring program, please contact Ms. Hale at 540-980-7720.



COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Ellen Nau, Human Services Program Coordinator

DATE: November 27, 2007

SUBJECT: Extreme Home Improvement at New River Valley Agency on Aging

Ms. Deidre Hale, Care Coordinator at New River Valley Agency on Aging, had her hands full when the Southeastern Rural Community Assistance Project decided it was easier to build two elderly clients a new home rather than fix their plumbing! Ms. Hale's review of the project (see below) does not nearly reflect her efforts on behalf of the clients!

Mike and Betsy
(Not the Real Names of the Clients)

This project started with a referral to NRVAA concerning an older gentleman and his elderly relative. The clients lived in a small house in Pulaski County with no inside toilet facilities. Although they did have running water, they would not drink it. Both clients received homebound meals and homemaker services through PSA 4.

SERCAP (Southeastern Rural Community Assistance Project) was contacted to assist with their water problems and lack of inside toilet. It was the decision of SERCAP that it would be more cost effective to build the clients a new house with all the amenities that we take for granted. Mike, Betsy, and I completed tons and tons of paperwork to get the project started. The original contact with SERCAP was in late 2002 or early 2003.

There were permits to obtain, contractors to hire, blueprints to be done, lots of telephone calls to make, and many, many obstacles to overcome.

During the time that all the planning and plotting was going on, the clients' home continued to deteriorate. A windstorm blew shingles off creating a hole large enough to see outside through Mike's bedroom. I purchased clear plastic sheeting to cover Mike's bedroom furniture and made a call to the local fire department to see if they could help cover his roof with something until the rain stopped and it could be repaired. Through a volunteer group call "Hearts and Hammers", the roof was repaired but the ceiling of the bedroom was ruined. Mike decided not to have the ceiling repaired because finally there was ground breaking for the new home. It was heartwarming to visit the clients and see the two of them looking out the kitchen window at the progress of their new home. (Neither of them had ever had a new home.)

Finally, in the fall of 2006, these lovely folks were able to move into their new home. Mike continues to provide care for Betsy after hours and on weekends. (She has a personal care aide for 6-8 hours a day Monday through Friday.) He made a promise to her years ago that he would take care of her as long as he was able. Mike celebrated his 90th birthday this past summer and Betsy is 79. She is total care.

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: Executive Directors
Area Agencies on Aging

FROM: Tim M. Catherman
Director of Administrative Services

DATE: November 27, 2007

SUBJECT: Lake Country AAA Executive Director Recruitment

Ed Taylor will be leaving Lake Country AAA on December 31, 2007. He has been elected to Commissioner of the Revenue for Mecklenburg County! The Virginia aging network will miss you!

The Board is hopeful to fill the position before the end of the year. If it isn't filled by January 1, Gwen Hinzman, Executive VP, will serve as interim with assistance from Andy Piercy, Finance Manager. Please distribute the attached ad to all who may be interested.



PRESIDENT/CEO

Lake Country Area Agency on Aging (www.lcaaa.org) is seeking a President/CEO to lead a successful, established and respected agency that serves clients in the three county area of Mecklenburg, Brunswick and Halifax. This position will be available January 1, 2008.

RESPONSIBILITIES INCLUDE: Lead a 170+ staff. Responsible for the successful delivery of services to clients. Experience supervising a complex budget with knowledge and experience in State and Federal funding and monitoring. An established track record of managerial experience totaling 10 years or more is required. Bachelors degree in Human Services or Business Administration with gerontological experience a plus. Applicant should have experience managing a Not for Profit as well as compliance with state and federal audit and performance standards. Applicant reports to a three county appointed Board of Directors. Must be willing to live in the agency's service area. Excellent written and verbal communication skills are required. Submit cover letter, resume, salary history, date of availability and the names and contact information of five professional references.

Send above information to:

**Chairman, LCAAA Board of Directors
1105 West Danville Street
South Hill, Virginia 23970
Attention: CEO Position**

EOE

COMMONWEALTH of VIRGINIA
Department for the Aging

MEMORANDUM

TO: All Directors
Area Agencies on Aging

FROM: Bill Peterson
Policy Analyst

DATE: November 27, 2007

SUBJECT: **Bay Aging and Peninsula Agency on Aging Sponsor HUD Apartments**

Bay Aging, the Peninsula Agency on Aging, Inc. and the James City County Office of Housing and Community Development held a groundbreaking for the Parker View Senior Apartments in Williamsburg, VA. See the attached news release.

Attachment



November 27, 2007

FOR IMMEDIATE RELEASE

Contact: Rick Hanson, Director of Housing and Community Development
(757) 259-5340 or rhanson@james-city.va.us

Parker View Senior Apartments to break ground

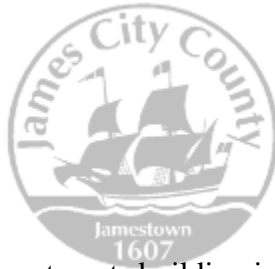
James City County Office of Housing and Community Development (OHCD), Bay Aging and Peninsula Agency on Aging, Inc. will hold a groundbreaking for Parker View Senior Apartments on Nov. 7 at 10 a.m. at 100 Carriage Road, Williamsburg, VA. A tent will be set up at Magazine and Ironbound roads.

The need for affordable rental housing for lower-income elderly residents has grown significantly in recent years due to the substantial growth of the elderly population and rapid increase of rents in the Williamsburg area. Parker View Senior Apartments, consisting of 67 rental units for lower-income older adults, will help address this long-recognized need in James City County. Each unit at Parker View must have an occupant who is 62 or older and a combined income that does not exceed 50 percent of the area median income, adjusted for family size. The 2007 annual income limits are \$22,450 for an individual and \$25,650 for a couple. The rent charged is 30 percent of the occupants' income, minus a utility allowance and deductions for out-of-pocket medical expenses.

Bay Aging, a non-profit organization whose goal is to help senior citizens remain independent, will own and manage the apartments. In addition to its other services to the elderly, Bay Aging, headquartered in Urbanna, VA, developed and manages 317 units of HUD Section 202 in Virginia, including facilities in Colonial Beach, West Point, Gloucester, Montross, Kilmarnock and Urbanna. Peninsula Agency on Aging will provide supportive services to the residents of Parker View.

A primary issue was location of a suitable site which was within the budget limitations of the HUD Section 202 Program, Supportive Housing for the Elderly. In fall 2001, OHCD staff worked closely with residents of the Ironbound Square neighborhood on the design of a redevelopment plan to preserve and revitalize the neighborhood. After touring other redevelopment areas and Bay Aging's Section 202 housing in West Point, the Ironbound Square neighborhood advisory committee recommended inclusion of elderly housing within the redevelopment area.

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The three-story Parker View Senior Apartments building is strategically located adjacent to a neighborhood park that will be upgraded with a multi-use trail and picnic shelter. The apartments will be a key element linking the revitalized Ironbound Square neighborhood with the new Ironbound Village and New Town mixed commercial, office and residential developments.

Applications to rent units in Parker View will be available in Summer 2008, and Bay Aging anticipates occupancy will begin in Fall 2008. For more information or to place your name on the list to receive an application, contact Bay Aging at (804) 758-2386, Parker View, c/o Bay Aging, P.O. Box 622, Urbanna, VA 23175, or jgemerek@bayaging.org.